



Lockdown 2.0

Club & League
COVID-19 reflection
tool

JOIN THE MOVEMENT

#RISEAGAIN

Using this tool

This reflection tool has been designed to help clubs, teams and leagues reflect on how things are going so that when activity can start again, you're totally prepared and can be confident that you have done everything possible to ensure your activity has fully considered COVID-19.

How it works

1. We've identified key areas that are part of COVID-19 risk mitigations and listed them on a segment of a wheel.
2. Reflect on each area in relation to what you have in place and how it is practically working.
3. Give it a score between 1 & 10; 10 = it's working brilliantly and really smoothly 1 = it really isn't working and we're worried about it. Colour the appropriate segments to reflect your score.
4. Complete the action plan based on your responses within the wheel

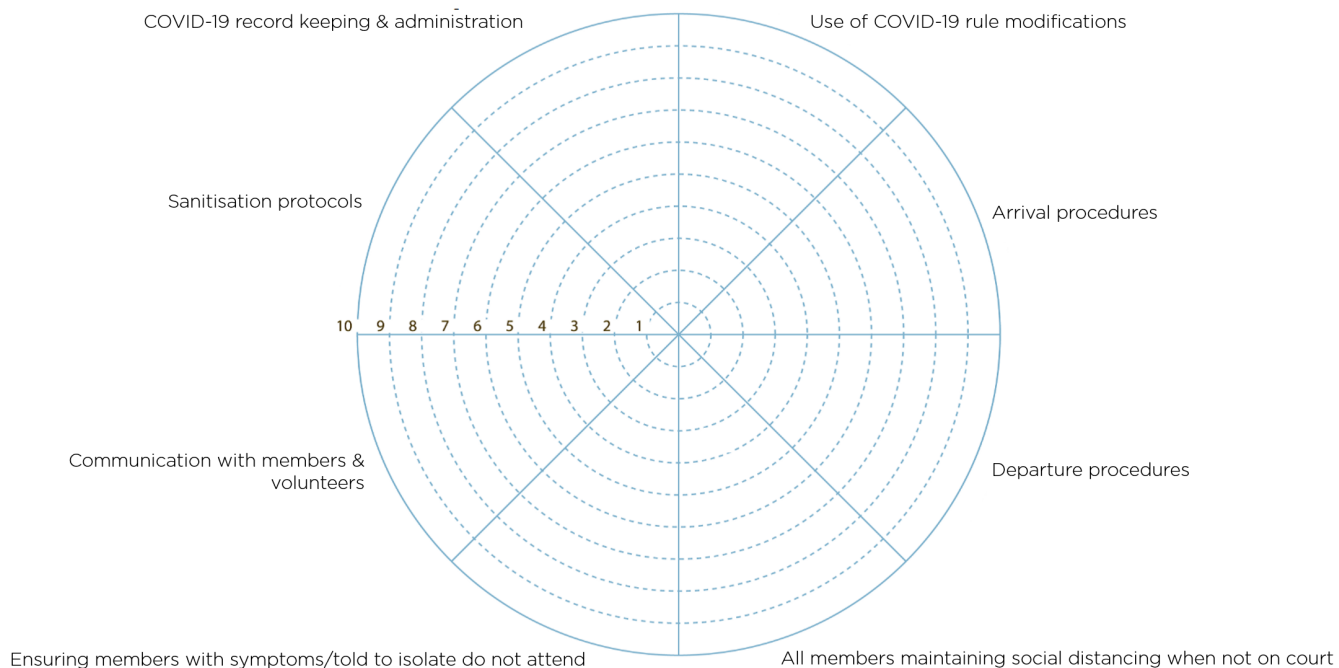
Points to note

This tool is designed to support clubs, teams and leagues; we would strongly recommend time is taken prior to your activity reconvening. This tool is not intended to replace either the Risk Assessment, Risk Mitigation plan or other protocols – these are essential for activity to be compliant with Government guidance for Team Sports.

Our Netball Development Officers are able to support any member clubs, teams or registered leagues with any areas they are worried about. Contact details for your local Netball Development Officer can be found [here](#).

Don't forget the resources and guidance documents that are within the exclusive England Netball member Care package found [here](#)

We know that every netballer within your club, team or league appreciates all you are doing to enable them to participate in the sport they love, to have their hour of time to themselves, to be with their friends, to laugh or to be active and all the other benefits we know netball brings. A huge thank you from us for helping them do this, it really is appreciated x



Any areas ranked 8+ - How will you maintain this when your activity restarts?

Area	We'll maintain it being great by.....	Who is responsible?

Any areas ranked 5 - 8 - How will you slightly tweak things so they run more smoothly or are easier for volunteers to implement?

Area	Amendments to our plans are.....	Who is responsible?

DON'T FORGET TO UPDATE YOUR RISK MITIGATION PLAN AND RISK ASSESSMENT DOCUMENTS AND SHARE WITH MEMBERS

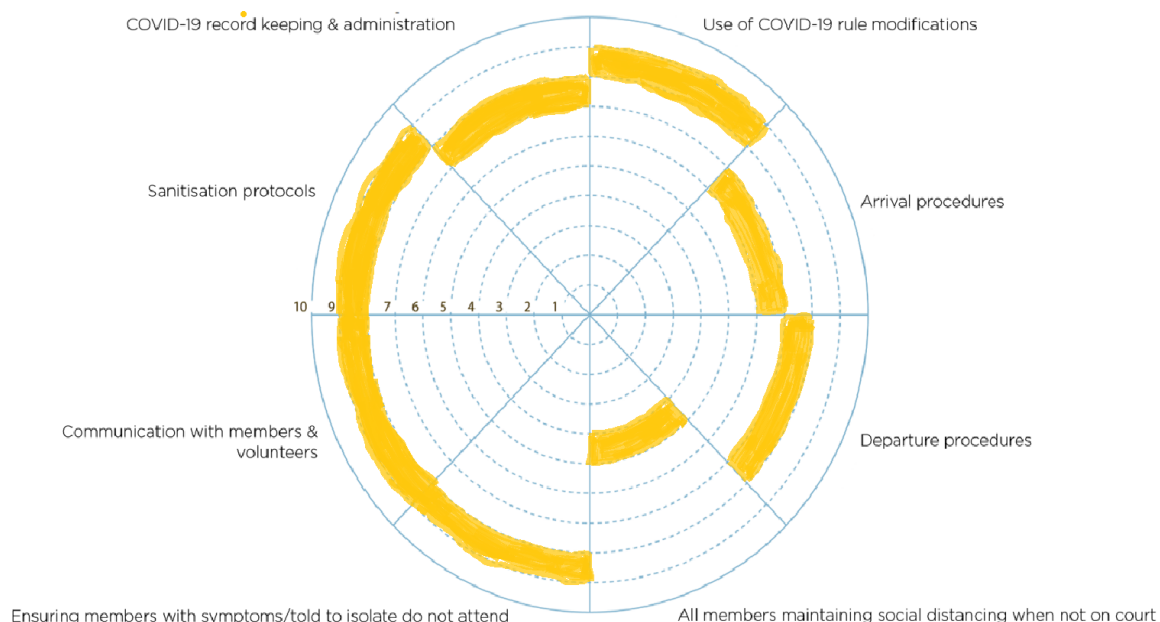
Any areas ranked 0 - 4 - Have a think about what you could differently. Your local NDO may be able to help and other COVID Officers may also have some helpful tips and hints, #HereIfYouNeed

Area	We will change the way we run this by.....	Who is responsible?

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An example of a completed reflection wheel

Please note, this is simply one example to demonstrate it's use, don't worry if your reflections are very different; the purpose of this exercise if to reflect on your provision, your confidence and how things are practically working for you and your members.



Any areas ranked 8+ - How will you maintain this when your activity restarts?

Area	We'll maintain it being great by.....	Who is responsible?
Covid Rule modifications	We will send reminders to all coaches and umpires that Covid rule modifications must be adhered to including link to video in Care package if they want to refresh their memory	Covid Officer Coaches Officials
	We will remind all players of the rule modifications in our update with re-start session details and also everybody will have a verbal reminder at their first session back	Coaches Captains
Players not attending if displaying symptoms	Continue to ask Captains (seniors) & Team reps (junior parents) to send what's app image of symptom check before every session. This has worked brilliantly!	Captains and team reps
Communications	Continue our approach; What's app - team reminders before sessions E mail from club - information about sessions and rules with links to website Website - has reminders and all information available	Website Officer
Sanitisation protocols	Check Sanitisation rep's are happy to continue to remind their team and set the timer for breaks in training	Covid Officer Sanitisation reps
	Check stock for each team of wipes and gel	Covid Officer

Any areas ranked 5 - 8 - How will you slightly tweak things so they run more smoothly or are easier for volunteers to implement?

Area	Amendments to our plans are.....	Who is responsible?
Arrival procedures	Brief the registration desk to remind all attendees of one way system and social distancing.	Covid Officer
	Trial a 'player base' (socially distanced bases for each player) to encourage distancing as they arrive	Coaches Captains to help facilitate
Departure procedures	Brief every coach with departure reminders	Coach
	Slightly increase the time for staggered departure (currently, only 1 minute; try 2 minutes)	Covid Officer Coaches
Social Distancing	Use more posters around venue	Covid Officer
	Coaches to consciously remind players at every sanitisation break	Coaches
	Trial 'player bases' to help	Coaches
	Place spots 2m apart around the edge of court so players can visualise 2m	Coaches Covid Officer (source spots)
Covid record keeping & administration	Schedule updates to risk assessment and risk mitigation plan	Covid Officer
	Devise a check list for captains, coaches & assistant covid officers to check paperwork around sessions (confidence was reflected as being a bit low for some & want reassurance doing it right!)	Covid Officer